

EXAM NUMBER

Total
Mark

Coimisiún na Scrúdaithe Stáit State Examinations Commission

JUNIOR CERTIFICATE EXAMINATION 2019

HOME ECONOMICS

ORDINARY LEVEL

THURSDAY, 13 JUNE - MORNING, 9.30 - 11.30

Total Marks 240

INSTRUCTIONS TO CANDIDATES

- SECTION A - 80 marks.
Answer 16 (sixteen) questions from Section A.
All questions carry equal marks.
- SECTION B - 160 marks.
Answer 4 (four) questions from Section B.
All questions carry equal marks.
- Answer the questions in the space provided.

CENTRE STAMP

For examiner's use only

QUESTION	MARK
Section A (Total)	
Section B	
1	
2	
3	
4	
5	
6	
TOTAL →	
GRADE →	

1. Total of end of page totals	
2. Aggregate total of disallowed question(s)	
3. Total mark awarded (1 minus 2)	
4. Bonus mark for answering through Irish (if applicable)	
5. Total mark if Irish bonus is awarded (3 plus 4)	
Note: The mark in row 3 (or row 5 if an Irish bonus is awarded) must equal the mark in the Total Mark box above.	

SECTION A

80 marks

Answer 16 (sixteen) of the following questions. All questions carry equal marks.

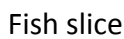



1. List **two** sources of protein in the diet.

(i) _____ (ii) _____

2. Name a different accompaniment traditionally served with each of the following meats.

Meat	Accompaniment
Beef	
Pork	
Turkey	

3. Suggest a use for each piece of food preparation equipment.

Equipment	Use
 	
 	

4. Explain the following baking terms:

Sieve _____

Glaze _____

5. Indicate with a tick [✓] whether **each** statement is true **or** false.

		True	False
(i)	Protein helps wounds to heal faster.		
(ii)	Meat is a good source of carbohydrate.		
(iii)	A high fibre diet prevents colon disease.		

6. Suggest **two** sources of consumer information.

(i) _____ (ii) _____

7. Explain each of the following consumer terms:

Need _____

Want _____

8. Choose the correct word from the list below to complete each of the following sentences.

receipt

credit note

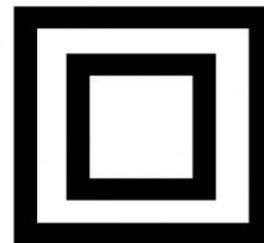
credit card

A _____ allows for 28 days interest free credit.

A _____ is a proof of purchase.

A _____ can be given for returned goods.

9. What information does this symbol convey to the consumer?



10. Give **two** reasons why it is important to have a home filing system.

(i) _____

(ii) _____

11. Name **two** dental hygiene products.

(i) _____ (ii) _____

12. Suggest **three** guidelines that a person should follow in order to have good personal hygiene.

- (i) _____
- (ii) _____
- (iii) _____

13. State **two** causes of stress for teenagers.

- (i) _____
- (ii) _____

14. Place each of the following items of electrical equipment listed below under the correct heading.

kettle carving knife food processor toaster

Appliances with a motor	Appliances with an element

15. What information does this symbol convey to the consumer?

- _____
- _____
- _____



16. Name **four** items found in the home that can be recycled.

- (i) _____ (ii) _____
- (iii) _____ (iv) _____

17. Name **four** pieces of sewing equipment you have used in class.

(i) _____ (ii) _____

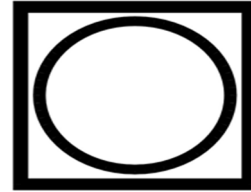
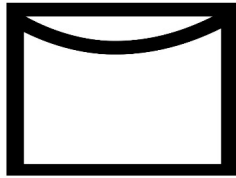
(iii) _____ (iv) _____

18. List **two** guidelines to follow when hand stitching.

(i) _____

(ii) _____

19. What information do each of the following fabric care symbols give to the consumer?



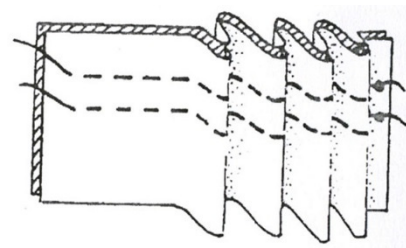
(i) _____

(ii) _____

20. Name the stitch shown in the diagram and suggest **one** use for it.

Stitch _____

Use _____



SECTION B

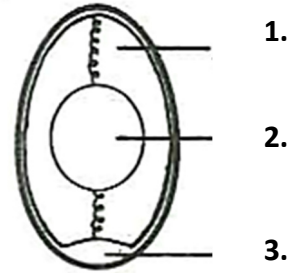
160 marks

Answer 4 (four) questions from this section. All questions carry equal marks.

1. Eggs are a versatile food.

(a) Name the parts of the egg labelled 1, 2 and 3.

1. _____
2. _____
3. _____



Structure of an egg

(b) State the function of each of the following nutrients found in eggs.

Nutrient	Function
Protein	
Fat	
Iron	

(c) Name **three** different methods of cooking eggs.

- (i) _____
- (ii) _____
- (iii) _____

(d) Describe **two** effects of cooking on eggs.

- (i) _____
- (ii) _____

(e) Indicate with a [✓] which of the following is the fresher egg?



A

B

Reason: _____



2. Fruits are a rich source of vitamin C.

(a) State **one** function of vitamin C in the diet.

(b) Name a different fruit for each of the following classes.

Classes	Fruit
Hard	
Stone	
Berries	
Citrus	

(c) List **three** guidelines to follow when buying fresh fruit.

(i) _____

(ii) _____

(iii) _____

(d) Suggest **four** ways in which young children can be encouraged to eat more fruit.

(i) _____

(ii) _____

(iii) _____

(iv) _____

(e) Name **two** methods of preserving fruit.

(i) _____ (ii) _____

3. Consumer rights are protected by consumer laws.

(a) Name **four** consumer rights.

(i) _____

(ii) _____

(iii) _____

(iv) _____

(b) List **four** factors to consider when buying a smoothie blender.

(i) _____

(ii) _____

(iii) _____

(iv) _____

(c) Suggest **four** guidelines to follow when returning a faulty smoothie blender to the shop where it was purchased (bought).

(i) _____

(ii) _____

(iii) _____

(iv) _____

(d) Name **two** forms of redress the consumer could expect.

(i) _____ (ii) _____

(e) The CE mark is found on electrical appliances. What information does this symbol convey to the consumer?



4. Smoking is a serious health hazard.

(a) Give **three** reasons why young people start to smoke.

(i) _____

(ii) _____

(iii) _____

(b) Name **two** different harmful effects of smoking.

(i) _____ (ii) _____

(c) List **two** steps the government has taken to discourage young people from smoking.

(i) _____

(ii) _____

(d) Choose the correct word from the list below to complete each of the following sentences.

tar

irritants

nicotine

(i) _____ is an addictive substance found in cigarettes.

(ii) _____ found in cigarettes causes smokers cough.

(iii) _____ coats the lungs causing them to go black.

(e) Explain the term *passive smoking*.

5. Clean water is a basic human need.



(a) Suggest **one** advantage for adding each of the following minerals during water treatment.

Minerals	Advantage
Chlorine	
Fluoride	

(b) Describe **three** ways that people can conserve water in the home.

- (i) _____
- (ii) _____
- (iii) _____

(c) List **two** ways of preventing sinks from becoming blocked in the kitchen.

- (i) _____
- (ii) _____

(d) Describe the procedure to follow when freeing a blocked sink.

- (i) _____
- (ii) _____
- (iii) _____

(e) Name **two** effects of water pollution.

- (i) _____
- (ii) _____

6. (a) Explain the term *fashion trend* and give **one** example of a fashion trend that is currently popular.

Fashion trend _____

Example of a current fashion trend _____

- (b) How does the fashion industry use social media to advertise new fashion trends?

- (c) Give **three** functions of clothing.

(i) _____

(ii) _____

(iii) _____

- (d) State **four** factors a teenager should consider when buying clothes.

(i) _____

(ii) _____

(iii) _____

(iv) _____

- (e) Name **two** accessories a teenager could use to complete an outfit.

(i) _____

(ii) _____

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